Celebrating Diversity

I value diversity and appreciate the importance of providing individualized and culturally competent services. During regular peer consultations and ongoing trainings, I regularly collaborate with colleagues in order to strengthen my cultural knowledge and garner resources for further development.

As a mental health provider, I understand the pain and suffering experienced by being perceived and treated as the "other" – personally and systemically through explicit and implicit racism, sexism, nativism, and classicism. I assess each client's unique make-up, regarding socioeconomics, ethnicity, spirituality, country of origin, and sexual and gender orientation, and integrate this information into creating a comprehensive treatment plan.

I strive to build a world that is just and compassionate, one that honors and celebrates differences, and praises authentic connection between people. I pledge to work within and across communities, and to building bonds of understanding, respect, and compassion. I pledge my allegiance to those most vulnerable and insist on the dignity and sanctity of each human life.